

**Stream Crossing**  
 Cross the stream (out)  
 Go Right after crossing  
 the stream (back)

**Nuuanu (Jackass Ginger Trailhead)  
 Aid station / Turnaround**

**Pauoa Flats & Nuuanu  
 Junction**  
 Go Left (out)  
 Right (back)

**Nuuanu & Judd Junction**  
 Go Left (out)  
 Right (back)

**Kalawahine & Pauoa Flats Junction**  
 Go Left (out) / Right (back)

**Kalawahine & Manoa Cliff  
 Junction**  
 Go Straight (out & back)

**Road Crossing**  
 Go Right on the road to Kalawahine trail (out)  
 Go straight on the road and  
 Left into Nahuina trail (back)  
 \*Watch for vehicles\*

**Makiki Valley &  
 Nahuina Junction**  
 Go Right (out)  
 Left (back)

**Kanealole (Pipe) & Makiki Valley  
 Junction**  
 Go Left (out) / Right (back)

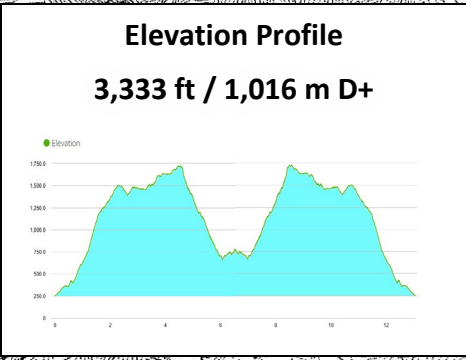
**Maunalaha (Hogsback) & Kanealole (Pipe)  
 Junction**  
 Go Left (out) / Right (back)

**Hālau Kū Māna Parking  
 Start / Finish**

**HONOLULU MAUKA TRAIL SYSTEM**

1. Tantalus Arboretum Trail	0.25 mi / 0.4 km
2. Kanealole Trail	0.7 mi / 1.1 km
3. Maunalaha Trail	0.7 mi / 1.1 km
4. Nahuina Trail	0.75 mi / 1.2 km
5. Makiki Valley Trail	1.1 mi / 1.8 km
6. Ualakaa Trail	0.53 mi / 0.85 km
7. Moleka Trail	0.75 mi / 1.2 km
8. Manoa Cliff Trail	2.3 mi / 3.7 km
9. Puu Ohia Trail	0.75 mi / 1.2 km
10. Pauoa Flats Trail	0.75 mi / 1.2 km
11. Nuuanu Trail	1.5 mi / 2.4 km
12. Judd Trail	0.75 mi / 1.2 km
13. Aihualama Trail	1.3 mi / 2.1 km
14. Manoa Falls Trail	0.8 mi / 1.3 km
15. Kolowalu Trail	1.0 mi / 1.6 km
16. Waahila Trail	2.4 mi / 3.9 km
17. Puu Pia Trail	0.75 mi / 1.2 km
18. Kalawahine Trail	1.5 mi / 2.4 km

0 25 50 mile  
 0 .25 1 kilometer  
 Contour Interval: 40 feet  
 Basemap is USGS 1:24,000 7.5 minute Quadrangle  
 HONOLULU, HI, 1983



**HURT**  
**Tantalizing  
 Tantalus**  
 Trail Half Marathon

**Course map**