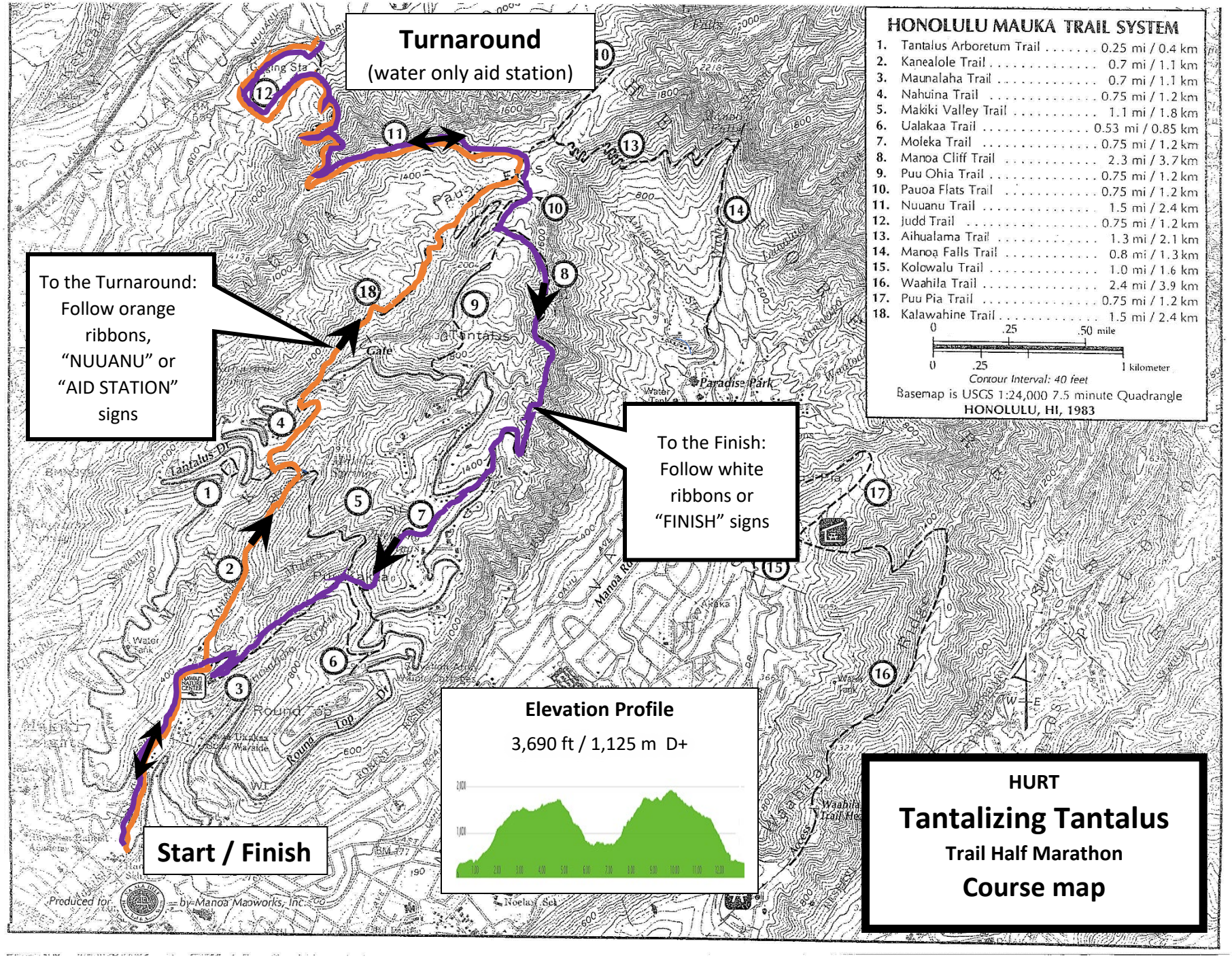
Turnaround
(water only aid station)
To the Turnaround: Follow orange ribbons, "NUUANU" or "AID STATION" signs
To the Finish: Follow white ribbons or "FINISH" signs
Start / Finish
HONOLULU MAUKA TRAIL SYSTEM
1. Tantalus Arboretum Trail . . . . . 0.25 mi / 0.4 km
2. Kanealole Trail . . . . . 0.7 mi / 1.1 km
3. Maunalaha Trail . . . . . 0.7 mi / 1.1 km
4. Nahuina Trail . . . . . 0.75 mi / 1.2 km
5. Makiki Valley Trail . . . . . 1.1 mi / 1.8 km
6. Ualakaa Trail . . . . . 0.53 mi / 0.85 km
7. Moleka Trail . . . . . 0.75 mi / 1.2 km
8. Manoa Cliff Trail . . . . . 2.3 mi / 3.7 km
9. Puu Ohia Trail . . . . . 0.75 mi / 1.2 km
10. Pauoa Flats Trail . . . . . 0.75 mi / 1.2 km
11. Nuuanu Trail . . . . . 1.5 mi / 2.4 km
12. Judd Trail . . . . . 0.75 mi / 1.2 km
13. Aihualama Trail . . . . . 1.3 mi / 2.1 km
14. Manoa Falls Trail . . . . . 0.8 mi / 1.3 km
15. Kolowalu Trail . . . . . 1.0 mi / 1.6 km
16. Waahila Trail . . . . . 2.4 mi / 3.9 km
17. Puu Pia Trail . . . . . 0.75 mi / 1.2 km
18. Kalawahine Trail . . . . . 1.5 mi / 2.4 km
0 .25 .50 mile
0 .25 1 kilometer
Contour Interval: 40 feet
Basemap is USGS 1:24,000 7.5 minute Quadrangle
HONOLULU, HI, 1983
Elevation Profile
3,690 ft / 1,125 m D+
HURT
Tantalizing Tantalus
Trail Half Marathon
Course map
Produced for by Manoa Maoworks, Inc.

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